



Lunch @

The Mead

brought to you by Twelve15

(Menus are subject to change, where possible updates will be issued)

V=Vegetarian *=50:50

SUMMER/AUTUMN TERM 2022

		Main Course	Vegetarian	Dessert
Week 1	18-04-22 09-05-22 06-06-22 27-06-22 18-07-22 12-09-22 03-10-22	MONDAY	Saccottini pomodoro in tomato & basil sauce (little pasta sacks filled with mozzarella, tomatoes & basil) with garlic dough balls & peas V	VEGETARIAN Cheese & biscuits V VEGETARIAN
		TUESDAY	Pork & apple grill with creamed potato & broccoli florets	VEGETARIAN Country Vegetable burger with creamed potato & broccoli florets VEGETARIAN Peach & carrot muffin with crème fraîche* V VEGETARIAN
		WEDNESDAY	Roast British chicken with sage & onion stuffing, roast potatoes, spring cabbage & gravy	VEGETARIAN Quorn fillet with sage & onion stuffing, roast potatoes, baton carrots & gravy V VEGETARIAN Yoghurt selection V VEGETARIAN
		THURSDAY	Ham & cheese pasta bake with sweetcorn & wholegrain bread	VEGETARIAN Cheesy pasta bake with sweetcorn & wholegrain bread VEGETARIAN Fruity flapjack with a fresh apple wedge* V VEGETARIAN
		FRIDAY	Breaded 'Flipper Dippers' with oven chips & peas	VEGETARIAN Vegan Nuggets with oven chips & peas VEGETARIAN Chocolate ice cream roll V VEGETARIAN
Week 2	25-04-22 16-05-22 13-06-22 04-07-22 29-08-22 19-09-22 10-10-22	MONDAY	Loaded cheese & tomato pizza with oven baked wedges & home-made slaw V	VEGETARIAN Fresh Fruit* V VEGETARIAN
		TUESDAY	Chicken Korma with wholegrain rice & broccoli florets	VEGETARIAN Creamy Quorn korma with wholegrain rice & sweetcorn V VEGETARIAN Yoghurt selection V VEGETARIAN
		WEDNESDAY	Roast British beef with roast potatoes, cauliflower florets & gravy	VEGETARIAN Quorn fillet with sage & onion stuffing, roast potatoes, baton carrots & gravy V VEGETARIAN Cheese & biscuits with fresh apple slices* V VEGETARIAN
		THURSDAY	BBQ Lincolnshire sausages with crispy herb potatoes & baked beans	VEGETARIAN Glamorgan sausage with crispy herb potatoes, carrot roundels & gravy V VEGETARIAN Strawberry mousse V VEGETARIAN
		FRIDAY	Pollock or salmon fish finger wrap with oven chips & chef's salad	VEGETARIAN Vegetable fingers with oven chips & peas V VEGETARIAN Vanilla ice cream V VEGETARIAN
Week 3	02-05-22 23-05-22 20-06-22 11-07-22 05-09-22 26-09-22 17-10-22	MONDAY	Vegan sausage roll with crispy herb potatoes & green beans V	VEGETARIAN Yoghurt selection V VEGETARIAN
		TUESDAY	Beef burger in a bun with sweet potato wedges & chef's salad	VEGETARIAN Country vegetable burger in a bun with sweet potato wedges & salad bar V VEGETARIAN Banana muffin with crème fraîche* V VEGETARIAN
		WEDNESDAY	Roast British gammon with roast potatoes, broccoli florets & gravy	VEGETARIAN Quorn fillet with sage & onion stuffing, roast potatoes, baton carrots & gravy V VEGETARIAN Chilled melon slice* V VEGETARIAN
		THURSDAY	Chicken & thyme meatballs in a tomato sauce with pitta bread, couscous & sweetcorn	VEGETARIAN Quorn meatballs in a tomato sauce with pitta bread, couscous & sweetcorn VEGETARIAN Cheese & biscuits V VEGETARIAN
		FRIDAY	Breaded fish fillet with hash browns & peas	VEGETARIAN Vegan Nuggets with hash browns & peas VEGETARIAN Home-made chocolate & beetroot brownie with crème fraîche V VEGETARIAN