



Year 1 – Autumn Term

Home Learning

Approximate Directed Activity Time – 1 hour -1.5 hours per day.

Ideally, every day we would like children to do the following:

English work - about 30/35 mins

- Read to an adult or older sibling for 10 minutes
- Practice some spelling or phonic work with an adult for 10 minutes
- Spend around 10-15 minutes writing

Maths work - about 25/30 mins

- Practice counting forwards and backwards starting at different numbers
- Spend around 10/15 minutes completing a maths task, choosing from the maths mats, speedy maths book, or maths activity book.

Topic work - about 30 mins

- Complete one of our themed activities (Science, RE, Art etc.)

You will find guidance and ideas for activities that you can do with your child to support their development in these areas below.

If you are experiencing any problems, please email your class teacher.

Badgers: badgers@mead.surrey.sch.uk

Hedgehogs: hedgehogs@mead.surrey.sch.uk

Squirrels: squirrels@mead.surrey.sch.uk

Helping your child with home learning

Reading (10 minutes).

- Ask an adult to hear your child read their school reading book. If you do not have a school reading book, you can use a picture book from home or an online book from the Rising Stars website using your login.
- Listen out for them reading confidently, without having to sound each word out individually.
- Can they read with expression? Please spend a few minutes talking about the book, what happened in the book, what they think about it and why etc.

Phonics and Spelling (10 minutes)

- You can complete one of the spelling and phonics mats below (there are 3 different levels for each mat so that you can choose the best for your child)
or
- Visit Phonics Play <https://www.phonicsplay.co.uk/>, which is a great site to continue reading words and applying sounds. You can access many games for free.
- There are daily Letters and Sounds phonics sessions for Year 1 on youtube https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_-niWw

Writing (10-15 minutes)

- ‘Super Sentences’. The children should write at least 1 super sentence a day. This can be about anything they like. When they are writing ask them to:
 - practice what they want to say in their head before they write
 - use a capital letter and full stop
 - leave spaces between words
 - sound out words

For some children one really good sentence is enough, some will be able and keen to write more. Go with your child's level of confidence and ability - this should be a fun activity. We have included some story setting pictures below that you can use to write about if you would like, but you can write about anything.

Maths (30 minutes)

- You could practise counting to 20 and back, starting at any number and also begin counting in 10s, 2's and 5's. It would also be great to practise number bonds to 10.
 - Dancing in 2's. <https://www.youtube.com/watch?v=OCxvNtrcDIIs>
 - Dancing in 5's <https://www.youtube.com/watch?v=amxVL9KUmq8>
 - Dancing in 10's <https://www.youtube.com/watch?v=7stosHbZZZg>

- Number bonds to 10 <https://www.youtube.com/watch?v=ID9tjBUIXs0>
- You can complete one of the Maths mats below (there are 3 different levels for each mat so that you can choose the best for your child)
- There is a speedy maths booklet attached for your child to complete a page each day.
- Alternatively there is a maths Activity Book (10-15 minutes) Encourage your child to spend 10-15 minutes per day working through the activities in the maths practice book below.

Topic Learning (30 minutes) Choose one per day:

- **RE** - What is your favourite Bible story? Reread it together and then ask the children to tell you what they have remembered. They can draw a picture of the story and then they could label the people in their picture or write a simple sentence underneath.
- **Science** - Outdoor learning activities, **if you have a garden only** and do one of the following: (if you do not have a garden, there is an alternative activity sheet below to create a weather report)
 - Learning the names of different flowering plants and trees.
 - Identifying the different parts of a plant.
 - Recognising the change in seasons – How do we know it is Autumn? (hours of daylight, seasonal changes)
 - Bug hunting and recording.
- **Design Technology** -Make a cake and practise measuring all the ingredients. Practise measuring in different ways (length, weight, volume etc)
- **Computing** – Log on to Purple Mash and click on Computing on the Home page. Then click on 2Type where there are lots of games and activities for your child to develop their keyboard skills.
- **Art** - design and make a card for family and friends
- **PE** – Complete Jump Start Jonny workouts, there are several workouts that are free to access. <https://www.jumpstartjonny.co.uk/>
- Cosmic yoga also offers lots of relaxing yoga sessions for children.