# **WGRLD TGUR BY THE TASTE BUDS**

**Our Autumn Winter menu brings** the flavours and gastro culture to the plate from around the world. We have much beloved home favourites from different parts of the UK together with exciting Mediterranean, Asian and South American dishes to let children explore a part of the amazing gastronomic culture of our world.



### Watch out for theme days in your child's school

Fitting around special dates or curriculum themes, make sure your child takes part in the fun and enjoys the special menu!

·····

### Saving time and money for you!

We offer two tasty and healthy hot meal choices every day. Our team of experts ensure the legal standards and incredible nutritional values throughout the term. Our chefs provide the love and professional skills to produce the tasty dishes, ensuring children look forward to enjoying their lunch with us every day. We take the hassle away for you by preparing delicious, nutritious lunches every day.

Visit our website to meet this term's chefs, learn more and get in touch with us! www.itsTwelve15.co.uk



### Less sugar!

We make desserts consciously, reducing refined sugar and adding fresh fruit. Did you know our delicious yoghurts were developed with our pupils and we use stevia to make them delicious?

Our bread, desserts and pizza are not only

tasty but made using top quality, healthy

Golden Wholegrain flour from Marriages'

something we are super proud of. To check

out our high quality standards in sourcing,

visit itstwelve15.co.uk/marks-of-quality

Millers who have been milling since the

Victorian times. The ingredients are

#### **Golden Wholegrain** to support an active brain



Special diets are something that we excel at too. We offer Dairy Free, Gluten Free, Soya Free, Egg Free, Allergen Aware and a Vegan menu. Get all the details on key allergens, carbohydrates and sugar levels in our dishes on our website: itstwelve15.co.uk

### Are you one of us? Work with us!

All inclusive

Love good food? Want to make a difference, have ideas and enthusiasm? Join our passionate and talented team at Twelve15! We are great people to work with!

Want a rewarding job that provides the opportunity for a good work-life **balance?** We offer you a great term time only opportunity to have a good work-life balance that suits young families.

Want to develop and gain new professional skills?

We are the right team for you! You can develop new skills and we will be right

behind you with the help and encouragement you need to enter industry competitions, win awards, get recognised. Our training & development and apprenticeship programme gives you amazing opportunities to gain professional qualifications.

**Interested? We'd love** to hear from you! Visit itstwelve15.co.uk/ work-for-twelve15 to check out our current vacancies. Come on board, APPLY NOW!





meals for every Gastronaut in



Twelve 15

# Food. Health. Earth. **AUTUMN/WINTER 2021/22**



www.itsTwelve15.co.uk **Gy** Follow us @itsTwelve15

### FREE for every Gastronaut in Reception and Years 1 and 2! (worth £460 per school year)





Outstanding quality prepared by award winning Chefs

WEEK 2

IONDA

IESDA

WEDN

**IESDA** 

THURSDAY

& Baked Beans

Baked Beans

& Glass of Milk

Peas

& Peas

Pork Meatballs with Pasta &

Quorn Meatballs with Pasta

**DESSERT:** Fruit Crumble & Custard\*

Quorn Fillet & Gravy Filled Yorkie with

Breaded Chicken Goujons with Oven

Baked Potato Wedges & Carrots

with Crème Fraîche\*

Peas

& Peas

**DESSERT:** Yoghurt Selection with Fresh Fruit\*

Vegan Nuggets with Potato Wedges & Carrots

Breaded Pollock Fillet with Oven Baked Chips &

**DESSERT:** Chocolate Sponge & Chocolate Sauce

**JOIN OUR SOCIAL CHANNELS!** 

We have so much more to show, to say, to talk about

and we do just that on our social channels regularly!

So join us and be a part of the conversation.

**DESSERT:** Orange Muffin & Orange Wedges

Veggie Fingers with Oven Baked Chips

Beef & Gravy Filled Yorkie with

Roast Potatoes & Green beans

Roast Potatoes & Green beans



Vegan Sausage Roll with Mashed Potato

Vegan Sausage Roll with Mashed Potato &

**DESSERT:** Twelve15 Lemon Shortbread Biscuit

**Reduced sugar** and salt recipes

Unlimited freshly baked bread and vegetables, crudités or salad bar every day

Week starting: 8 Nov

| 21 Feb | 14 Mar

Y

Y

V

V

10

Y

V

Y

V

Y

V

29 Nov | 4 Jan | 24 Jan

## WEEK 3

MONDAY & Carrot Batons

& Sweetcorn

TUESDAY

WEDNESDAY

THURSDAY

Coleslaw

FRIDAY

facebook.com/itsTwelve15 instagram.com/itsTwelve15 twitter.com/itsTwelve15 pinterest.com/itsTwelve15

|           | Week starting: 1   VEEK 1 22 Nov   13 Dec   17   7 Feb   7 Mar   28                        | 7 Jan     |
|-----------|--|-----------|
| N<br>N    | Loaded Cheese & Tomato Pizza with Oven Baked<br>Potato Wedges & Carrot & Cucumber Sticks   | Ý         |
| IONDAY    | Vegetable fingers<br>(Cheese Alternative)  | Y         |
|           | DESSERT: Twelve15 Shortbread Biscuit   | Y         |
| TUESDAY   | Cumberland Pork Sausages with<br>Mashed Potato & Baked Beans                               |           |
|           | Quorn Sausage with Mashed Potato<br>& Baked Beans  | Ý         |
|           | <b>DESSERT:</b> Oaty Apple Muffin with Apple Slices*                                       | Y         |
| WEDNESDAY | Roast British Chicken with Sage & Onion<br>Stuffing, Roast Potatoes, Baton Carrots & Gravy |           |
|           | Quorn Fillet with Sage & Onion Stuffing, Roast Potate<br>Sweetcorn & Gravy                 | oes,<br>Ƴ |
|           | DESSERT: Fruit Crumble & Custard*  | Y         |
| THURSDAY  | Spaghetti Bolognese with Garlic Bread<br>& Chef's Salad                                    |           |
|           | Quorn Bolognese with Garlic Bread  |           |
|           | & Chef's Salad   | Y         |
|           | DESSERT: Yoghurt Selection   | Y         |
| FRIDAY    | Pollock Fish Fingers with Oven Baked Chips<br>& Peas                                       |           |
|           | Vegan Nuggets with Oven Baked Chips<br>& Peas  | Ý         |
|           | DESSERT: Butterscotch Tart with Crème Fraîche  | Y         |
|           | uitable for Vegetarians.<br>esserts highlighted with an asterix                            |           |

OR

contain a minimum of 50% fruit. Fruit or yoghurt is available daily as an alternative to the advertised pudding. Please check with the school as the menus may be changed to meet the needs of the school.



Twelve 15 are supporting Healthy Schools in Surrey

### Food. Health. Earth. www.itsTwelve15.co.uk

Follow us @itsTwelve15

Week starting: 15 Nov 6 Dec | 10 Jan | 31 Jan 28 Feb | 21 Mar

- Pasta Neapolitan with Herby Bread & Carrot Batons
- Tomato Pasta with Herby Bread
- **DESSERT:** Twelve15 Shortbread Biscuit
- Chicken Curry with Mini Naan & Sweetcorn
- Quorn Curry with Mini Naan
- **DESSERT:** Yoghurt Selection with Fresh Fruit\*
- Roast British Gammon with Roast Potatoes, Broccoli & Gravy
- Quorn Roast with Roast Potatoes, Broccoli & Gravy
- DESSERT: Fruit Crumble & Custard\*
- British Beef Burger in a Bun with Oven Baked Chips & Coleslaw
- Quorn Burger in a Bun with Oven Chips &
- **DESSERT:** Chocolate Muffin & Crème Fraîche
- Breaded Pollock Fillet with Oven Baked Potato Wedges & Cucumber sticks
- Veggie Fingers with Oven Baked Potato Wedges & Cucumber sticks
- **DESSERT:** Ginger Sponge with Vanilla Sauce