

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Cheese & Bean Lasagne	Margherita Pizza & Wedges	Vegan Lentil & Stuffing Pastry Roll	BBQ Quorn & Peppers & Rice	Vegan Vegetable Nuggets & Chips
	OPTION 2 Rainbow Vegetable Stir Fry Noodles	Traditional Creamy Beef Lasagne	Roast Gammon with Roast Potatoes & Gravy	Chicken in a Katsu Curry Sauce & Rice	MSC Approved Fish Fingers & Chips
VEGGIES 	Carrots & Peas	Broccoli	Roasted Carrots & Parsnips	Garden Peas	Baked Beans
PASTA 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Blueberry Cookie Bar	Chocolate & Banana Brownie	Strawberry Yoghurt & Strawberry Sauce	Apple & Cocoa Sponge	Raspberry Jelly
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Desserts available every day – a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Margherita Pizza & Wedges	Vegan Sausage with Mashed Potatoes & Gravy	Vegan Cottage Pie & Gravy	Cheesy Cauliflower Pasta Bake	Tex-Mex Vegetable Fajita Wrap
	OPTION 2 MSC Approved Salmon Pasta Bake	Pork & Beef Sausage, Mashed Potatoes & Gravy	Roast Turkey with Roast Potatoes & Gravy	Mild Caribbean Chicken Curry & Carrot Rice	MSC Approved Fish & Chips
VEGGIES 	Garden Peas	Carrots & Peas	Broccoli & Cauliflower	Carrot & Mixed Salad	Baked Beans
PASTA 	Cheese Sauce	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Creamy Pesto

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Strawberry Mousse	Oaty Apple Crumble & Custard	Original Flapjack	Chocolate & Carrot Muffin	Raspberry Jelly & Mandarins
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KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL 	OPTION 1 Mixed Vegetable & Bean Fajita & Oven Baked Wedges	Vegan Bolognese Ragu Penne Pasta	Vegan Roast Quorn Fillet with Roast Potatoes & Gravy	Baked Creamy Mac 'N' Cheese	Vegan Sausage Roll & Chips
	OPTION 2 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Beef Bolognese Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry & Carrot Rice	MSC Approved Fish Fingers & Chips
VEGGIES 	Peas & Carrots	Sweetcorn	Broccoli, Cauliflower & Peas	Carrot & Mixed Salad	Baked Beans
PASTA 	House Tomato Sauce	Cheese Sauce	House Tomato Sauce	Cheese Sauce	Creamy Pesto

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS 	Strawberry Yoghurt & Strawberry Sauce	Mixed Berry & Apple Crumble with Custard	Orange Jelly & Mandarins	Gingerbread Squares with Custard	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat

