

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL

OPTION 1

Cheese & Bean Lasagne



OPTION 2

Rainbow Vegetable Stir Fry Noodles



VEGGIES

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



PASTA

Cheese Sauce



House Tomato Sauce



Cheese Sauce



Garden Peas



Baked Beans



Creamy Pesto



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS

Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 5th Jan | 26th Jan | 16th Feb | 9th Mar | 30th Mar
20th Apr

Cucina IFG

Monday

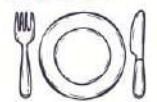
Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

Margherita
Pizza & Wedges



OPTION
2

MSC Approved
Salmon Pasta Bake



VEGGIES



Garden
Peas



Carrots
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



PASTA



Cheese Sauce



House Tomato
Sauce



Cheese Sauce



House Tomato
Sauce



Creamy
Pesto



AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Raspberry Jelly
& Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

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Vegetarian



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Added Wholewheat



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|---|
| MAIN MEAL  | Mixed Vegetable & Bean Fajita & Oven Baked Wedges  | Vegan Bolognaise Ragu Penne Pasta  | Vegan Roast Quorn Fillet with Roast Potatoes & Gravy  | Baked Creamy Mac 'N' Cheese  | Vegan Sausage Roll & Chips  |
| OPTION 1 | | | | | |
| OPTION 2 | Quorn Dippers with Oven Baked Wedges & Tomato Ketchup  | Beef Bolognaise Penne Pasta  | Roast Chicken with Roast Potatoes & Gravy | Creamy Chicken Curry & Carrot Rice  | MSC Approved Fish Fingers & Chips |
| VEGGIES  | Peas & Carrots  | Sweetcorn  | Broccoli, Cauliflower & Peas  | Carrot & Mixed Salad  | Baked Beans  |
| PASTA  | House Tomato Sauce  | Cheese Sauce  | House Tomato Sauce  | Cheese Sauce  | Creamy Pesto  |

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

Strawberry Yoghurt & Strawberry Sauce
Mixed Berry & Apple Crumble with Custard
Orange Jelly & Mandarins
Gingerbread Squares with Custard
Garden Brownie
