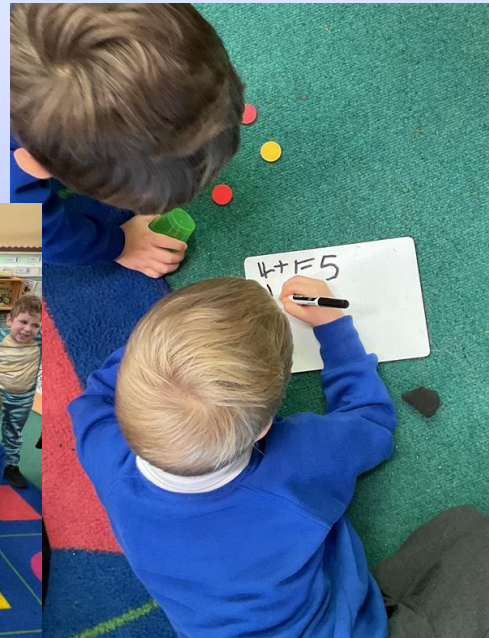


Welcome to The Mead Family





Who's Who?

Headteacher-Mrs Creasey
Deputy Head/ SEND Leader- Mrs Bedford
Senior Teacher- Mrs Fagan
EYFS Leader Mrs Pioli



Jellyfish

Miss Pearson

Teaching Assistant- Mrs Atasoy

Starfish

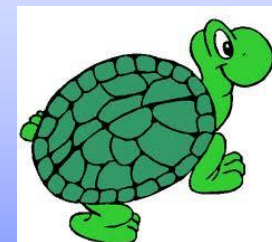
Class Teacher - Mr Miriam

Teaching Assistant- Mrs Findiklis

Turtles

Class Teacher - Miss Wijsbroek (Mon,Tues,
Weds am) Miss Akrimi Wed pm, Thurs, Fri)

Teaching Assistant - Miss Hall



Mrs Bunting will be supporting across year R for the autumn term to support transition

BETTER TOGETHER



HOME-SCHOOL PARTNERSHIP

School Uniform

- Royal Blue sweatshirt or cardigan with school logo
- Grey trousers, grey shorts, grey skirt or grey pinafore
- Blue and white gingham dress (summer – optional)
- White polo shirt (with or without logo)
- Grey tights or white/grey socks
- Black leather shoes or plain black trainers
- Book bag with school logo

No jewellery except for earrings which must be a small stud only. These must be removed on PE days.

PLEASE ,PLEASE ,PLEASE name everything!

School Uniform



Communication with parents



- Class email
- Arbor
- Website/Facebook/Instagram
- "Coming Up Next Week"
- Parent Consultations
- Workshops/shared learning
- Reports
- Questionnaires
- "Open door"



Staying safe



- Please let us know if your child is being picked up by someone else (please tell your Teacher or TA on the door)
- We will not let your child go with someone different if we have not been informed even if it is a family member
- Please make sure we have your emergency numbers are up to date

Illnesses and Accidents



- Medicines
- Allergies
- Medical/dentist appointments
- 48hr rule for sickness and diarrhoea
- Emergency numbers- please provide a 3rd contact
- Phone school by 9am if your child is unwell and is not going to attend school

Drop off and Pick Up

- Drop off 8.40 am (doors close at 8.50)
- Pick up 2.50pm
- Resources and Equipment
- Large Climbing Frame
- Safety
- Scooters and bikes
- Parking - cars are not permitted to park on Cudas Close or Cuddington Avenue during pick up and drop off



BEHAVIOUR

**Ready
Respectful
Safe**



BEHAVIOUR



Ready



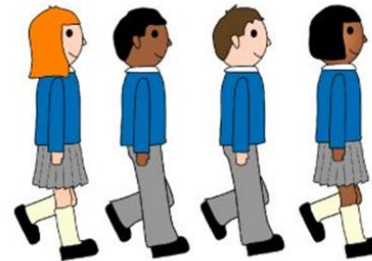
Good sitting



Good listening

Good lining up (inside)

Follow the person in front.



SparkleBox © Copyright 2015. SparkleBox Teacher Resources (www.sparklebox.co.uk)

We are ready to learn and try our best!

BEHAVIOUR



THANK
YOU



Respectful

please



BEHAVIOUR



Safe



Wonderful Walking



Good
Listening



BEHAVIOUR



The Mead Way



show me 5



- 1 Eyes looking
- 2 Ears listening
- 3 Body still
- 4 Voice is off
- 5 You are ready

- S** Standing still
- H** Hands by your side
- I** In your space
- N** No talking
- E** Eyes forward
- Lining up**

Wonderful Walking

- 1 Walk in silence
- 2 We use soldier arms
- 3 We walk sensibly
- 4 We face the direction we are walking

We take part



No hands up, we are ready to answer

We listen to the adult

We listen to each other



If we need the toilet we can use this sign

If we have something important to say or a question to ask we can use this sign



Happy Hello, Great Goodbye



We say good morning

We say goodbye or good afternoon



We look at the person when we speak

We smile

School Dinners



- Freshly cooked hot meals prepared on site
- Able to cater for a range a dietary needs
- Children can choose from two meals every day
- Online platform further information to be shared
- Give hot meals a try!

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

OPTION 2

Veggies



Pasta



Sweet Treats



Margherita pizza & oven baked wedges



Mixed bean bolognese with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Roasted vegetable pizza & oven baked wedges



Beef & lentil bolognese with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & Cauliflower



Baked beans



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Baked apple & cinnamon sponge



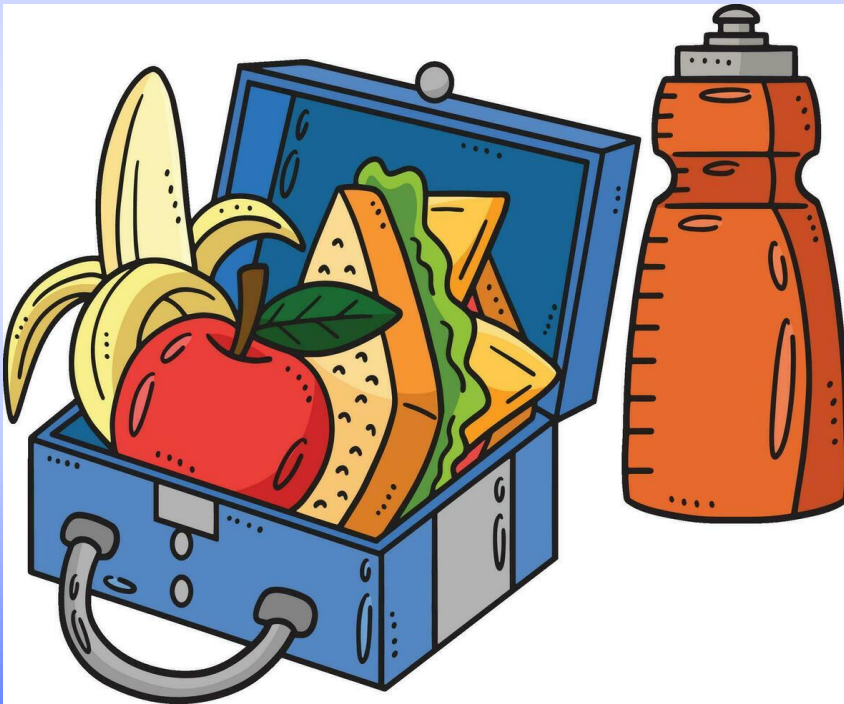
Strawberry yogurt & strawberry sauce



Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

Packed Lunches

Please refer to our Food and Nutrition Policy on our website

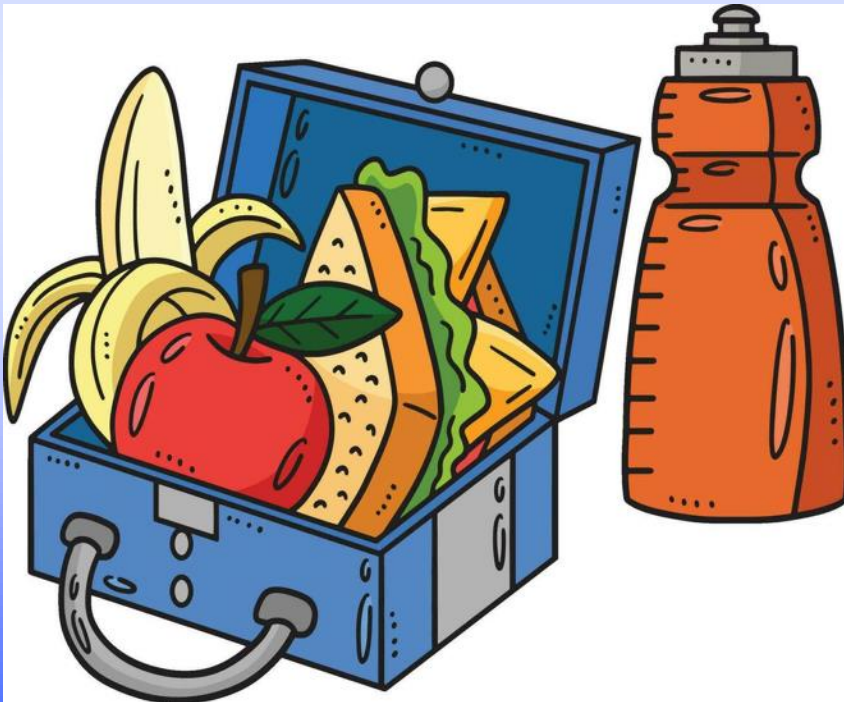


Please Include

- **Fruit and Vegetables** – apple slices, grapes (cut lengthways), cucumber sticks, carrot sticks, berries.
- **Starchy Foods** – sandwiches, wraps, pitta bread, pasta, rice, couscous, breadsticks.
- **Protein Foods** – lean meat, chicken, tuna, boiled egg, beans, lentils.
- **Dairy or Alternatives** – cheese, plain or low-sugar yogurt, milk-based pudding.
- **Drinks** – water or plain milk.

Packed Lunches

- Please do not include nuts and nut products including anything containing nuts, including peanut butter and Nutella, sesame seeds, pesto and hummus – to ensure the safety of children with allergies.



Please Avoid

- Sweets, chocolate bars, fizzy or energy drinks.
- Cakes, pastries, high-sugar snacks
- Crisps and savoury snacks more than once a week.
- Sugary yogurts or desserts – choose plain or low-sugar instead.
- Whole grapes, cherry tomatoes, or round foods – always cut lengthways.
- Popcorn – under 5 years old

Packed Lunches

Please refer to our Food and Nutrition Policy, healthy lunch guide and choking hazard guidance on our website

The Mead Infant and Nursery School

Healthy Packed Lunch Guide

To help every child stay healthy, happy, and safe, please follow our packed lunch guidance.

Please include

- ✓ **Fruit and Vegetables** – apple slices, grapes (cut lengthways), cucumber sticks, carrot sticks, berries.
- Starchy Foods** – sandwiches, wraps, pitta bread, pasta, rice, couscous, breadsticks.
- Protein Foods** – lean meat, chicken, tuna, boiled egg, beans, lentils.
- Dairy or Alternatives** – cheese, plain or low-sugar yogurt, milk-based pudding.
- Drinks** – water or plain milk.

✗ Please avoid

- Sweets, chocolate bars, fizzy or energy drinks.**
- Cakes, pastries, high-sugar snacks (except for special occasions).**
- Crisps and savory snacks more than once a week.**
- Sugary yogurts or desserts** – choose plain or low-sugar instead.

✗ Must not be included

- Nuts and nut products** including anything containing nuts, including peanut butter and Nutella, sesame seeds, pesto and hummus – to ensure the safety of children with allergies.
- Popcorn**
- Whole grapes, cherry tomatoes, or round foods** – always cut lengthways

Cultural and Dietary Needs

We respect all families' preferences.

Please let us know if your child is Vegetarian, vegan, or pescatarian food.

⚠ Safety and Hygiene

- Label the outside of your child's lunchbox with their name.**
- Use an insulated bag and ice pack for perishable foods.**
- We cannot refrigerate or reheat food from home.**

💪 Support with Eating and Dietary Needs

If your child has any difficulties with eating, feeding, or dietary requirements, please speak to a member of staff.

We will work with you to support your child's needs and ensure mealtimes are positive and inclusive.

Early years food choking hazards



Below is a table of advice on key foods for care givers who are involved with preparing and serving food for babies and young children (under 5 years old)

Vegetable and fruits	Advice
Pips or stones in fruit	Always check beforehand and remove hard pips or stones from fruit.
Small fruits	Cut small round fruits like grapes, cherries, berries, strawberries and cherry tomatoes, into small pieces: cut lengthways and then again cut them in halves (quarters).
Large fruits and firm fruits	Cut large fruits like melon and firm fruits like apple into slices instead of small chunks. For very young children, consider grating or mashing firm fruits, or softening them up by steaming or simmering.
Vegetables	Cut vegetables like carrots, cucumber and celery into narrow batons. For very young children consider grating or mashing firm vegetables and legumes like butter beans, chickpeas and tofu, or softening them up by steaming or simmering.
Skin on fruit and vegetables	Consider removing the skin from fruit and vegetables, especially for very young children. Peeled fruit and vegetables can be swallowed more easily.
Cooking fruit and vegetables	Consider softening firm fruit and vegetables (such as carrots, broccoli, yam and apples) by steaming or simmering until soft. Serve cut into slices or narrow batons.
Meat and fish	Advice
Sausages and hot dogs	Cut sausages and hot dogs into short strips. Cut them in half and then lengthways or as thinly as possible. Peeling the skin off the sausages helps them to be swallowed more easily.
Meat or fish	Remove bones from meat or fish. Cut meat into strips as thinly as possible. Remove skin and fat from meat and fish, it will help the food pass smoothly down the throat.
Cheese	Advice
Grate or cut cheese	Grate or cut cheese into short strips. Cut lumps of cheese as narrow as possible.
Nuts and seeds	Advice
Chop or flake whole nuts	Chop or flake whole nuts, peanuts and seeds. Whole nuts should not be given to children under five years old.
Bread	Advice
White bread and other breads	White bread can form a ball shape with a dough-like texture at the back of a child's throat, if not chewed properly. Brown bread or toasted white bread are good alternatives. Cut bread, chapatis, naan bread and other breads into narrow strips.
Snacks and other foods	Advice
Popcorn	Do not give babies and young children popcorn.
Chewing gum and marshmallows	Do not give babies and young children chewing gum or marshmallows.
Peanut butter	Do not give babies and young children peanut butter on its own, only use as a spread.
Jelly cubes	Do not give babies and young children raw jelly cubes.
Boiled sweets and ice cubes	Do not give babies and young children boiled, hard, gooey, sticky or cough sweets, or ice cubes.
Raisins and other dried fruits	Do not give babies under the age of 1 whole raisins or dried fruits. Cut them into small pieces.

Make sure food is prepared appropriately for children under 5 years old, see: <https://www.nhs.uk/start4life/weaning/>
 It is also advisable that care givers are familiar with how to respond to a choking incident, see: How to stop a child from choking: <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-stop-a-child-from-choking/>
 and How to resuscitate a child: <https://www.nhs.uk/conditions/baby/first-aid-and-safety/first-aid/how-to-resuscitate-a-child/>

Birthdays



Favourite book
Birthday Assembly

We love to celebrate your birthday with your child but please help us by:

- Not sending in cakes and sweets
- Giving out party invitations yourselves

Holidays, attendance & punctuality

- Holidays during term-time are not permitted
- Time off will only be authorised if there are exceptional circumstances
- What is an exceptional circumstance?





Good attendance = best chance of success

- 0 days of absence/ 183 school days in each year = **100% attendance**
- 8 days absence/ 175 days of education = **96% attendance**



Poor attendance = less chance of success

- 19 days of absence/164 days of education= **90% attendance**
- 29 days of absence/154 days of education= **84% attendance**



Very poor attendance= serious impact on education and reduces life chances

- 38 days absence/ 145 days of education= **79% attendance**
- 47 days absence/136 days of education= **74% attendance**

365 days in the calendar year. 182 non-school days a year.

Holidays, attendance & punctuality



Safeguarding



- Your child's safety is of paramount importance to us
- Our school is a place where the children are happy and safe and where there are trusted adults that children can share their worries
- If a child tells us something that raises a concern, a member of staff will report this to one of the DSLs (designated safeguarding leads)
- We will tell you if this happens, but if it is appropriate we may also refer our concerns on to children's services. This will enable us to get support for you and your child.
- We can refer without your permission but in most cases we will speak to you first
- We are here to support you and work together.
- If you have a safeguarding concern about a child please raise this concern with one of the school's DSLs (further information on our website under the safeguarding tab)

Transition into School

- 30th June children met staff and spent some time in their classroom
- 2/7 Phone call for parents whose children attended The Mead Nursery
- 7th September -Home visit for new to The Mead Reception (parents and child).
- Induction day-Tuesday 8th September, Wednesday 9th September and Thursday 10th September
- Friday 11th September - all children attend
Start time staggered 8.40/9.20/10.00
- Monday all children September - all children start at 8.40

Transition into School

Proud to be part of



School Based Needs Team

The children and young people's emotional wellbeing and mental health service

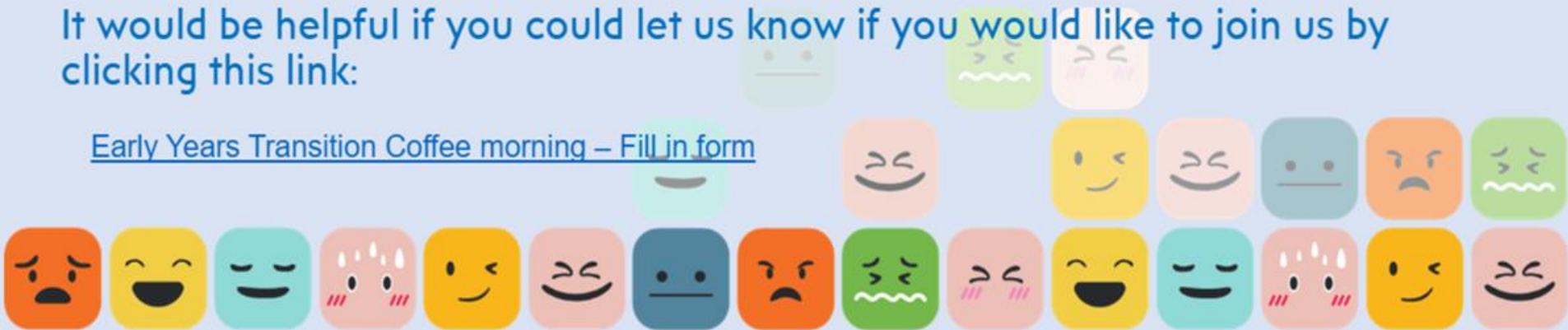


You are invited to join us for a coffee morning at **The Mead Infant School** on **Wednesday 8 July 2026 from 09:30 to 10:30.**

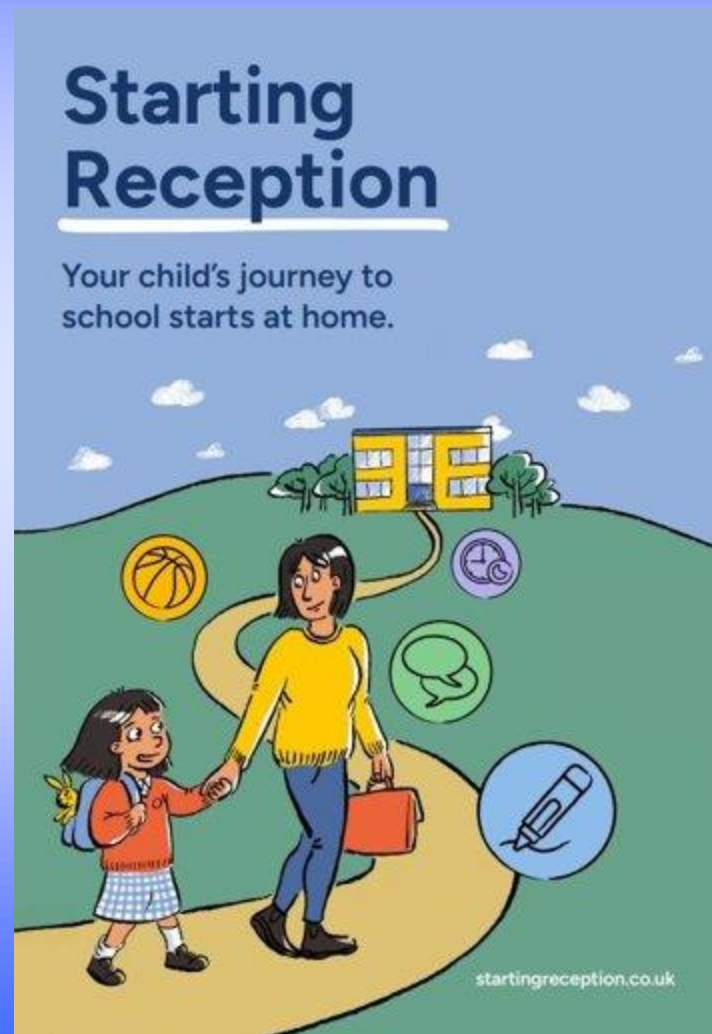
Gemma Gay, YMCA and Julia Griffiths, Epsom SBN, will be sharing some strategies that could help you to support your child through transition into The Mead reception class.

It would be helpful if you could let us know if you would like to join us by clicking this link:

[Early Years Transition Coffee morning – Fill in form](#)

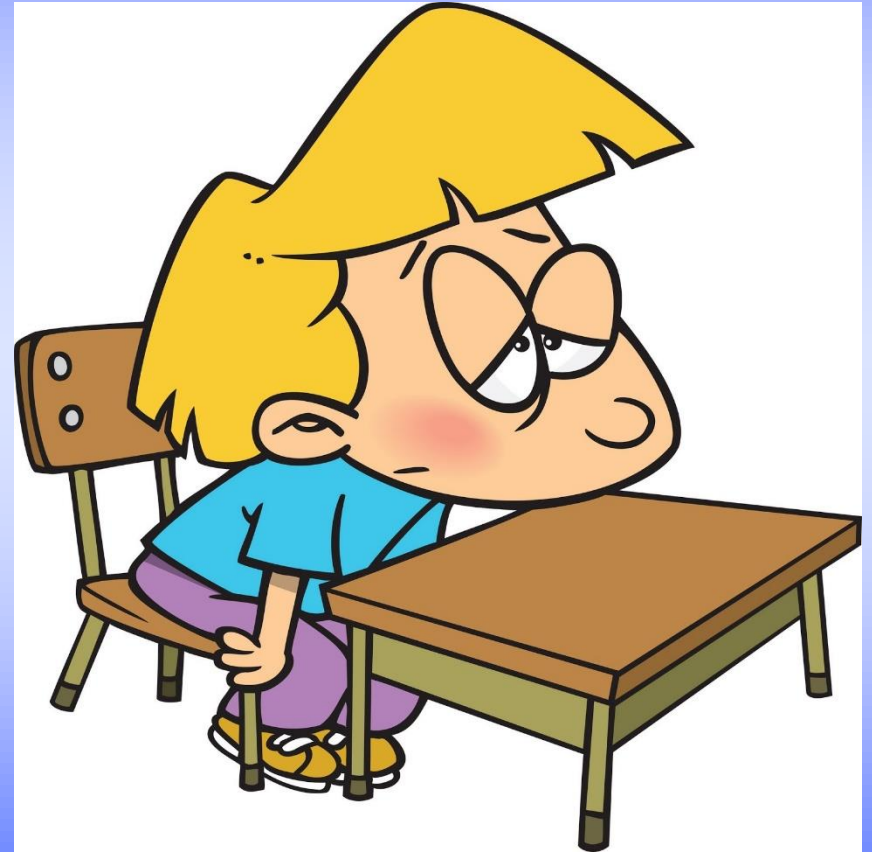


What can you do before September?



First Few Weeks

- They will be tired
- 3-week blip



Any questions?

ANY
QUESTIONS?