

Main Meal

OPTION 1

OPTION 2

Veggies

Pasta

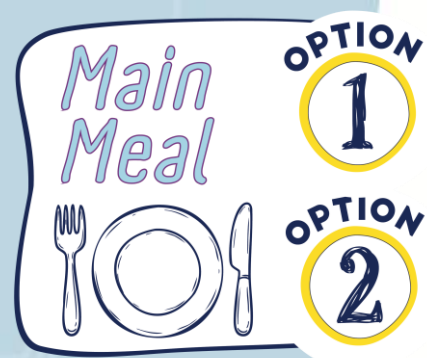
Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges 	Mixed bean bolognaise with penne pasta 	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice 	Vegetable nuggets, chips & tomato ketchup 
Roasted vegetable pizza & oven baked wedges 	Beef & lentil bolognaise with penne pasta 	Roast chicken breast, roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice 	Fish fingers, chips & tomato ketchup
Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & cauliflower 	Baked beans 
Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Creamy pesto penne pasta 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Baked apple & cinnamon sponge 	Strawberry yogurt & strawberry sauce 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans



KEY Wholegrain  Vegetarian 
Nutritionist's Choice  Vegan 



Monday

Tuesday

Wednesday

Thursday

Friday

Margherita pizza
& oven baked wedges



Pea-powered vegetable pie
& new potatoes



Cheesy cauliflower pasta bake



Lentil & sweet potato dahl
with vegetable rice



Vegetable sausages, chips
& tomato ketchup



Tomato, spinach
& salmon pasta



Chicken & vegetable pie
with new potatoes

Roast turkey breast,
roast potatoes & gravy

Lemon & herb chicken with
chickpeas & vegetable rice



Fish & chips
with tomato ketchup

Broccoli



Peas



Carrots & cauliflower



Selection from the salad bar



Peas



Penne pasta with
a creamy cheese sauce



Penne pasta with
house tomato sauce



Creamy pesto penne pasta



Penne pasta with
a creamy cheese sauce



Penne pasta with
house tomato sauce



Watermelon wedge



Oaty apple crumble
& custard



Chocolate mousse



Carrot cake
with orange glaze



Raspberry jelly
& mandarins



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KEY

Wholegrain



Vegetarian

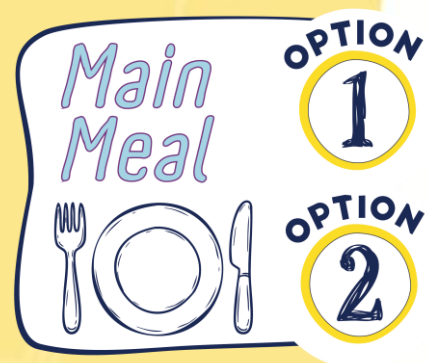


Nutritionist's Choice



Vegan





Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 
Rainbow vegetable stir fried rice 	Chicken sausages (in a beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked beans 
Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Penne pasta with a creamy cheese sauce 	Penne pasta with house tomato sauce 	Creamy pesto penne pasta 
Chocolate shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake 

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans



KEY

Wholegrain 

Vegetarian 

Nutritionist's Choice 

Vegan 